



ARE YOU DREAMING ?

this is a zine about lucid dreaming.

lucid dreaming is knowing that you are dreaming while you are dreaming.

it is a learnable skill.

there are many paths to becoming lucid.

this is the first doorway.



MAYBE YOU SHOULD CHECK...

HOW DO YOU KNOW?



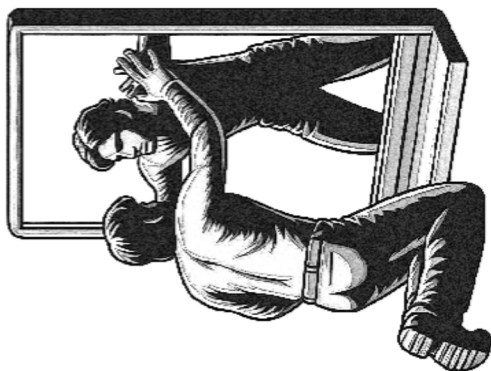
you could be dreaming right now



WE ALWAYS THINK WE ARE AWAKE...
...EVEN WHEN WE ARE ASLEEP

everything feels real in a dream
light, touch, color, sound
work feels normal.
dragons too.

if we always assume we are awake



then we will never question our state in a dream.

